



***Karen Truly Long***

January 14, 1958 - February 3, 2026

Karen Truly Long of Vestavia Hills, AL passed away on February 3, 2026, at the age of 68 from cancer. Born in Sacramento, California on January 14, 1958, Karen was raised in West Monroe, Louisiana with her parents and two siblings. She was a graduate of the University of Utah and held master's degrees in international business from the Thunderbird School of Global Management, occupational therapy from Texas Women's University, and education from the University of Montevallo. She relished learning and having new experiences for the duration of her life.

An adventurous spirit, Karen loved to travel and engage in cross-cultural experiences; she visited many different countries including Nepal, the Dominican Republic, Costa Rica, and New Zealand. She cherished hiking and camping with her family. When her first child was born, Karen chose to be a stay-at-home mom and devoted the next 20 years to raising two wonderful children. When her children were grown up, she turned to teaching and taught science at Mountain Brook Junior High for 13 years where she was beloved by students and faculty alike.

Despite her cancer diagnosis in 2018, Karen never let it define her life. Karen continued to enjoy life to the fullest and enjoyed a trip hiking in the mountains of Telluride, Colorado in July 2025. She was a wonderful wife, mother, daughter, sister, and friend to all she encountered. Karen was a devotee of the Christian faith and lived her life as a testament of God's Word serving as an inspiration to her family and friends.

Karen was preceded in death by her father, James Adams Truly MD, mother, Margaret McLean Truly, and brother James Adams Truly, Jr. She will be sorely missed by her husband of 42 years, Randall Keith Long. Together they shared a beautiful bond of love and deep friendship.

Karen is also survived by her son Randall McLean Long, daughter Rebecca Truly Long Anderson (Kevin), and her sister Rebecca Truly Stuart. She will be greatly missed by her two grandchildren, Adelaide Truly Anderson and James Robert Duncan Anderson.

The Long family is extremely thankful to Dr. Amitkumar Mehta and the staff at the UAB O'Neal Comprehensive Cancer Center who helped steer her through her cancer journey and added quality years to her life.

A memorial service will be held in the Rutland Memorial Chapel at Vestavia Hills Methodist Church on Saturday, March 7, 2026. A visitation will start at 10:00 a.m. with the memorial service beginning at 11:00 a.m.

In lieu of flowers, please consider a donation to the UAB Lymphoma Division, WTI 210 2nd Ave S., Birmingham, Al. 35294 -3300. Alternatively, donations can be made to the UAB Lymphoma Division through the following link: [go.uab.edu/mehta](https://go.uab.edu/mehta).